**REPORT**

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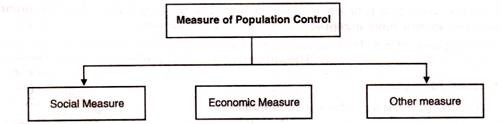
**INDIA’S BIRTH RATE**

Measures to Control Population/Birth rate of India:

Population of India is quite large and rapidly increasing. One percent growth rate means an addition of 1 crore people every year but actually speaking 2 crore persons are being adding every year.

So effective population control measures is the need of the hour. We know that birth rate is mainly responsible for rapid population growth.

Hence measures which can reduce the birth rate should be adopted. These measures can be classified into 3 heads.



#### A. Social Measure:

Population explosion is a social problem and it is deeply rooted in the society. So efforts must be done to remove the social evils in the country.

**1. Minimum age of Marriage:**

As fertility depends on the age of marriage. So the minimum age of marriage should be raised. In India minimum age for marriage is 21 years for men and 18 years for women has be fixed by law. This law should be firmly implemented and people should also be made aware of this through publicity.

**2. Raising the Status of Women:**

There is still discrimination to the women. They are confined to four walls of house. They are still confined to rearing and bearing of children. So women should be given opportunities to develop socially and economically. Free education should be given to them.

**3. Spread of Education:**

The spread of education changes the outlook of people. The educated men prefer to delay marriage and adopt small family norms. Educated women are health conscious and avoid frequent pregnancies and thus help in lowering birth rate.

#### B. Economic Measures:

**The following are the economic measures:**

**1. More employment opportunities:**

The first and foremost measure is to raise, the employment avenues in rural as well as urban areas. Generally in rural areas there is disguised unemployment. So efforts should be made to migrate unemployed persons from rural side to urban side. This step can check the population growth.

**2. Development of Agriculture and Industry:**

If agriculture and industry are properly developed, large number of people will get employment. When their income is increased they would improve their standard of living and adopt small family norms.

**3. Standard of Living:**

Improved standard of living acts as a deterrent to large family norm. In order to maintain their higher standard of living people prefer to have a small family.

#### C. Other Measures:

**The following are the other measures:**

**1. Late Marriage:**

As far as possible, marriage should be solemnized at the age of 30 years. This will reduce the period of reproduction among the females bringing down the birth rate. The govt. has fixed the minimum marriage age at 21 yrs. for males and 18 yrs. for females.

**2. Self Control:**

According to some experts, self control is one of the powerful methods to control the population. It is an ideal and healthy approach and people should be provided to follow. It helps in reducing birth rate.

**3. Family Planning:**

This method implies family by choice and not by chance. By applying preventive measures, people can regulate birth rate. This method is being used extensively; success of this method depends on the availability of cheap contraceptive devices for birth control.

**4. Women education and employment**

In India, only 32.92 percent of women are literate and much less are employed. The Government, therefore, should take effective steps to spread women education and create employment opportunities for them so that they can understand the evils of population growth and control it by themselves.